

# Free Your Voice! Free Your Writing!



Valerie Whitworth writes:

**Together One Voice** are starting the New Year with a challenge to free your natural voice and increase your singing skills!

*This term we will be focusing on releasing the voice, vocal development, singing skills, confidence building with some small group work on pitch, and harmony work. Many people come to my classes with stories of how they were told not to sing by a parent or teacher, or not allowed to join the choir. **The truth is – if you can speak you can sing.***

*Like anything else in life it is a skill that can be learned and developed. To start with singing in front of others might feel a bit strange or scary, especially if its something that you haven't done for a long time and lets face it there are not many opportunities to sing once you leave school, other than in the shower or in the car, but once you give yourself permission to, there will be no stopping you ! The physical and mental benefits of singing with others is really well researched and documented now, with many articles and reports backing up what every choir member of every singing group have known for a long time. It also makes you feel happy and is great fun.*

*If all that sounds interesting to you DO come and join us on Thursday 19th of January 7.30 – 9.30 for a free taster session and if you like it sign up for the term. This term is twelve weeks, we have a sliding scale fee of £60 / 84 / 108 depending on your income.*

*Booking is essential*

*For more information contact Valerie Whitworth  
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## Free Your Writing!

Each year *Fermanagh Writers* (with funding from the Arts Council of Northern Ireland) organise a number of workshops in Fermanagh House.

Monica Corish: Poetry workshop, 4th February, 10am-5pm

Olive Travers: Mindfulness in Writing, 25th March, 10am-4pm

Lynda Kirby: Memoir writing workshop, 8th April, 1-5pm

Helen Wright (Blackstaff Press): Preparing a manuscript for submission to a publisher, 20th May, 1-5pm

Claire Allan: Writing Novels, 17th June, 10am-5pm

Maureen Boyle: Poetry workshop, 9th September, 10am-5pm

Brenda Winter Palmer: Drama and scriptwriting, 7th October, 10am-5pm

Jo Zebedee: Writing Science Fiction and Fantasy, 18th November, 1-5pm

All workshops are free and open to the public (with a £2.50 charge for refreshments) but places are limited, so booking is essential.

Fermanagh Writers meet on Tuesday evening in Blakes of the Hollow, Enniskillen, and prospective new members are always welcome. Their last anthology *Tavern Told Tales* is still on sale in the Visitor Centre, Castle Barracks; and in the *Collage Collective* craft shop in the Buttermarket.